

THE SPA CONNECTION

Spa City Bop and Swing Dance Club

AUGUST / SEPTEMBER / OCTOBER 2010

DANCE CLUB LABOR IS A LABOR OF LOVE;

THE WAGES OF A VOLUNTEER ARE PAID IN JOY, FRIENDSHIP & ACCOMPLISHMENT.

Hello Spa City Dancers,

Here we are in the middle of summer and the weather is producing record hot temperatures so far this year, but so is our music, dancing and attendance at our regular and special event dances. What a great club we have and you are to be commended for your attendance and support.

As fall is just around the corner and the busyness of school, football and holidays are approaching, I want to encourage you to seriously consider being a part of your board of directors for the upcoming year. There are so many talented members within our club and we need you to participate in the planning and continued growth within our organization. Our lives are filled with so many activities, but I think we all realize how important this social dance club is to us. It is sometimes considered our way of relieving stress after a busy week of mandatory duties, and remember that the exercise is very important. Election of officers will be held in November, and you may think it is too early to be recruiting people to fill these positions, but with time passing so quickly we feel that we should begin now. Again, please let us know if you are willing to give a small part of your time to your very worthwhile dance club.

As always, I am proud to be your Pres...

Boppin' Brenda



*All we want to do is Dance ... Dance ...
Dance!*

WELCOME NEW MEMBERS!

HAPPY BIRTHDAY



AUGUST

- Aug. 6 – Walt Eddlemon, Jim West
- Aug. 8 - Jim Stanton
- Aug. 9 – Norm Elliott
- Aug. 11 – Bill Baucum
- Aug. 12 – Jackie Weidenberger
- Aug. 13 – Yugi Terauchi
- Aug. 15 – R. C. Ross
- Aug. 21 – Vern Phillips
- Aug. 22 – Sharifah Manusia
- Aug. 23 – Bob Grady
- Aug. 27 – Brenda Beason
- Aug. 28 - Randy Harkins

September

- Sept. 1 – Marguerite Rhodes
- Sept. 5 – Mike Matula
- Sept. 7 – Linda Kelley
- Sept. 10 – Don Webb
- Sept. 11 – Katie Theriot, Roy Wood
- Sept. 10 – Rosemary Nelson
- Sept. 12 – Polly Barnett, Calvin Dovers
- Sept. 15 – Charles Eudy
- Sept. 17 – Frank Eddleman
- Sept. 21 – Gerrell Heard
- Sept. 22 – Carol Williams
- Sept. 23 – Emma Jean Wilson
- Sept. 26 – Christie Eddlemon
- Sept. 27 – Nina Weston
- Sept. 28 – Beth Terauchi
- Sept. 29 – Patricia Eudy

DID WE MISS YOUR BIRTHDAY??

If so...let us know and we will add it right away! Just e-mail Lisa at cinderella71264@att.net

If you need a gift idea, why not purchase a Gift Certificate for a membership to our club? For \$20 you can give someone the gift of dance that includes free dance lessons, great DJ, special dance events, extra club events, new friendships and more!! These can be purchased at the desk at our Friday night dances.

Things to Remember:

**Ask someone new to dance, especially visitors and new members.
Count to 20 before "cutting in" during the Jam Session
Be considerate of other dancers around you, realizing where you are on the dance floor and watching for other dancers close to you.
Leave the perimeter of the dance floor for traveling dancers.
Ladies...ask those guys to dance!
Renew your membership on time.
Volunteer to help! And above all else...HAVE FUN!!!**

DANCE SCHEDULE! COME DANCE WITH US!



Spa City Bop and Swing Dance Club dances are held the 2nd & 4th Friday of each month and anytime we have a 5th Friday in the month. Dances are held at the VFW Club from 7:00 - 10:30.

Please visit web site at spacitydanceclub.com to print calendars and get the latest updates.

DANCE LESSONS each night at 6:15 before our regular dance at 7:00

Place: VFW Club on 70 just East of Magic Springs

Thank you Instructors for helping our dancers achieve their best in dancing!

BOARD OF DIRECTORS MEETING is held on the 3rd Tuesday of each month at the Whistle Stop at 6:00P.M.

Don't' forget to check our website under the News Flash tab for updates on dances, events, times & places at spacitydanceclub.com

SPECIAL DANCES FOR 2010

January 30th – Country/Western Chili Pot Luck
March 26th - Bake Sale and Dance
April 30th & May 1st –DANCIN' IN THE PARK- Austin Hotel
June 5TH - Fun In The Sun at VFW – 3:00p.m.
July 30th - 8th Anniversary Dance
Oct. 15th - Members Only Dinner Dance
Oct. 29th - Halloween Dance
Nov. 12th– Board Elections
Dec. 10th- Christmas Dance

MEMBERS ONLY Dinner Dance

OCT.15TH , 7:00pm

At

The Regency

714 Central Avenue

Downtown Hot Springs

Buffet Style

By

Belle Arti

With a cash bar

Because this is a catering event we need a head count. If it's a maybe don't sign up until you are sure. You have until the 8th of Oct. If you are bringing a non-member guest ,they will be charged \$20.00 (prefer payment in advance) and we also need their name.

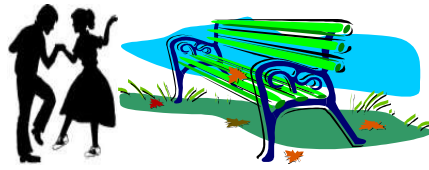
You can sign up at the door at our dance ,

email me (Pat Smith) psmith57@att.net or Call 501-609-9645.

Signing up is very important, **because if your name is not on the list, you will not be able to get in.**

This is a nice dinner with all the trimmings and a nice dance floor.

Put on your best attire and come enjoy the fun.
Pat Smith, Activities Director



Again, our 2nd annual week-end event, *Dancin' In The Park*, was a huge success. Thanks to all of you!!!!

8th Anniversary Dance





GREAT NEWS.....When ask what activity could help prevent Alzheimer's disease, Daniel Amen, M.D., author of Magnificent Mind at Any Age stated that few activities stimulate as wide a variety of brain systems as **DANCING** does. Dancing requires everything from coordination and organization to planning and judgment. Dr. Amen stated that you could add 10 or more years to your brain's useful life just by paying attention to it and his number one activity to help produce brain power is **DANCING!!!** So, never stop dancing!!!

Note: To avoid cost of printing and mailing our newsletter, please note that all club news is posted on our web site www.spacitydanceclub.com. We will also have copies on the admissions desk at each of our dances. Please post the monthly calendar in a place in your home where you will often be reminded of our dance nights and special events. And as always you may call any of our board members with questions or concerns you may have, regarding any of the dances. We always welcome new or different ideas to help our club grow and prosper.



The Spa City Bop and Swing Dance Club is a proud member of the American Bop Association and the Hot Springs Chamber of Commerce!

Information Changes

Please notify Lisa Wood, our Secretary, at cinderella71264@att.net if you have any address, phone number, or e-mail address changes. Thank you!

Membership Cards

If you have recently joined our club or renewed your membership and did not receive your membership card, you can pick them up at our Admissions Desk at any of our dances. *We no longer mail Membership Cards.*

DON'T FORGET TO RENEW YOUR MEMBERSHIP!

Membership dues are important to your Club. They help cover the cost of newsletters, DJ, website, special dance events, extra club events & more! And most importantly, your membership, reduces your cost to attend our regularly scheduled dances.